



## HABC Level 3 International First Aid at Work



<b>Target Audience:</b>	This course is for all employees who are required to have CPR and AED training in their workplace.																	
<b>Language</b>	English, Hindi and Arabic																	
<b>Aims:</b>	The HABC Level 3 International Award in First Aid at Work and The Safe Use of an Automated External Defibrillator is a qualification aimed at providing candidates with the necessary knowledge, understanding and skills to support first aid and the safe use of a defibrillator in the workplace. This qualification is accredited and recognised internationally																	
<b>Objectives:</b>	<p>Upon successful completion of this course the candidate will be able to:</p> <ul style="list-style-type: none"> <li>To meet the requirements of the Level 3 Award in First Aid at Work (QCF). Develop the knowledge, practical skills to perform CPR on an adult.</li> <li>To respond to a cardiac arrest in the workplace or in the community</li> <li>Learn how to use an Automated External Defibrillator</li> <li>Learn how to recognise and treat simple first aid emergencies</li> </ul>																	
<b>Course Content</b>	<table border="1"> <tr> <td>Roles &amp; responsibilities of the First Aider</td> <td>Shock</td> <td>Sprains and Strains</td> </tr> <tr> <td>Assessing an incident</td> <td>Seizures</td> <td>Chest Injuries</td> </tr> <tr> <td>Managing an unresponsive casualty</td> <td>Dealing with minor injuries</td> <td>Dealing with major illness</td> </tr> <tr> <td>The respiratory system</td> <td>The human skeleton</td> <td>Safe use of AED</td> </tr> <tr> <td>Wounds and Bleeding</td> <td>Fractures and dislocations</td> <td>Other Injuries</td> </tr> </table>	Roles & responsibilities of the First Aider	Shock	Sprains and Strains	Assessing an incident	Seizures	Chest Injuries	Managing an unresponsive casualty	Dealing with minor injuries	Dealing with major illness	The respiratory system	The human skeleton	Safe use of AED	Wounds and Bleeding	Fractures and dislocations	Other Injuries		
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<b>Prerequisite:</b>	Age 16+; capable to practice CPR																	

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<b>Certification &amp; Validity:</b>	Candidates will be assessed via:- Part One – Through practical demonstration of First Aid Skills Part Two – Knowledge based assessment requiring participants to answer a series of short answer questions either via written responses or oral questioning Successful candidates will receive a HABC First Aid international Certification which is valid for two years.
<b>Duration</b>	3 days (18 hours) classroom based course
<b>Venue:</b>	OTI facilities or at your preferred location across Oman if suitable.
<b>Class Numbers</b>	Class Numbers are limited to 12 candidates for 1 Instructor. If the class size is bigger than 12, an extra Instructor will be provided.

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